

WELCOME TO OUR

# Monthly Newsletter

*we're so glad you're here!*



## WHO IS CANYON COMMUNITY ALLIANCE?

### Our Mission

CCA's mission is to **cultivate an alliance** to provide **education, resources, and opportunities** for the community to **improve the quality** of life while building a sustainable environment, utilizing the 9 Pillars of Self-Love: intellect, occupation, environment, community, physicality, adventure, **spirituality** & creativity.

### Pillar: 7 Spirituality

Spirituality focuses on connecting with one's purpose and fostering a deep personal connection. It involves taking time to breathe, practice mindfulness, set intentions, and nurture inner peace. This pillar emphasizes the importance of spiritual growth and self-awareness, encouraging individuals to find balance and meaning in their lives. Ultimately promoting overall well-being and fulfillment.

## Created To Inspire A Harmonious Community

Canyon Community Alliance is a registered 501(c)3 nonprofit corporation in the State of Arizona. Donations to CCA are tax deductible to the extent allowed under the Internal Revenue Code of the United States.

EIN # 88-1901692

[www.canyoncommunityalliance.org](http://www.canyoncommunityalliance.org)

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## CCA Collaborations

**THANK YOU TO VETERAN AFFAIRS FOR THEIR ASSISTANCE IN ORGANIZING THE EVENT AND TO RAPTOR RANCH FOR GENEROUSLY PROVIDING THE VENUE SPACE. WE ARE PROUD TO HAVE SERVED 27 VETERANS DURING THIS EVENT.**



**Community Hub**

Share presentations, research studies, and more to showcase work in the community, fostering knowledge sharing and growth among members.

[CLICK HERE](#)

# Community Endeavors

## **CONNECT, SUPPORT,** **AND OVERCOME** **TOGETHER.**

**JOIN US FOR AN AA MEET UP TO  
STRENGTHEN BONDS AND HEAL.**

Come together to share stories,  
find support, and build  
connections.

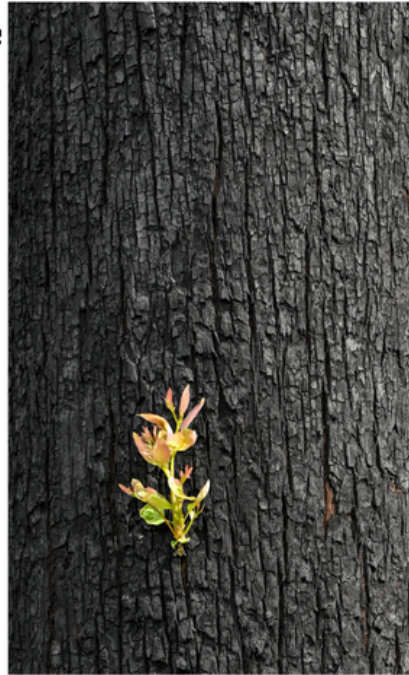
**Date:** Every Sunday at 4pm

**Location:** Please contact  
Adrienne to learn more and get  
location.

Email: [valle.aa@yahoo.com](mailto:valle.aa@yahoo.com)

Phone: 512-234-2888

**LET'S SUPPORT EACH OTHER ON  
THE JOURNEY TO RECOVERY.**



## **WE'RE HIRING!**



With over 20 years of diversified operations in consulting, contracting, service from general engineering, general contracting, mechanical, electrical and plumbing both commercial and residential including facility maintenance. We are looking for motivated self-disciplined individuals to join our team in building the future!

### **FULL TIME POSITIONS**

- SKILLED TECHNICIAN / TRADESMAN **\*\*ALL TRADES\*\***
- FRONT OFFICE / ADMINISTRATIVE ASSISTANT
- ADMINISTRATIVE TECHNICIAN
- OPERATIONS MANAGER / PROJECT MANAGER



FOR MORE INFORMATION EMAIL US AT

[info@robbcousa.com](mailto:info@robbcousa.com)

## **WE'RE HIRING!**

**CLEAR SKY  
RESORTS™**

- HOUSEKEEPING
- FOOD & BEVERAGE
- MAINTENANCE
- GUEST EXPERIENCE

Send your resume to :  
[information@clearskyresorts.com](mailto:information@clearskyresorts.com)

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\*CLICK IMAGES FOR LINKS!

# Upcoming Events

## VALLE EVENTS



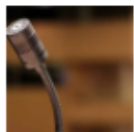
**ST. MARY'S FOOD DISTRIBUTION**  
**LOCATION: GRAND CANYON INN MOTEL**  
**THURS, AUGUST 8TH , 10:30AM-12:30 PM**  
**EVERY 2ND THURSDAY OF THE MONTH**

~First Come, First Served~



## GRAND CANYON VILLAGE EVENTS

## TUSAYAN EVENTS



🕒 5:00 pm  
**TOWN COUNCIL MEETING** ●  
Town Hall  
Tuesday, August 13th 5:00pm



🕒 1:00 pm  
**COMMUNITY AWARENESS MEETING** ●  
Town Hall  
Tuesday, August 27th 1:00pm



🕒 5:00 pm  
**COUNCIL SPECIAL MEETING** ●  
Tuesday, August 27th 5:00pm

**GRAND CANYON FOOD PANTRY**  
Monday's 11:00am-1:00pm  
Wednesday's 5:30pm-7:30pm  
Saturday's 2:00pm-4:00pm  
**87 Sunset Drive, Grand Canyon Village**



Sunday 9:00-10:00am Circuit Training (Fitness) - Ramada  
Monday 6:30-7:30pm Relax & Unwind Yoga - SPR  
Tuesday 6:00-7:00pm Strength Training (Fitness) - Ramada  
Wednesday 6:30-7:30pm Slow Flow Yoga - SPR  
Thursday 6:00-7:00pm Core Strength (Fitness) - Ramada



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[Click here to contact us!](#)



\*CLICK IMAGES FOR LINKS!

# Upcoming Events

## FLAGSTAFF EVENTS

**Flagstaff Citizen's Police Academy**



**Citizen's Academy Coordinator:**  
Sgt. Rintala  
911 E Sawmill Road  
Flagstaff, AZ 86001  
Direct: 928-556-2300

**Download an application:**  
[www.flagstaff.az.gov/3995/Citizens-Police-Academy](http://www.flagstaff.az.gov/3995/Citizens-Police-Academy)  
or email [rintala@flagstaffaz.gov](mailto:rintala@flagstaffaz.gov)

Topics cover many aspects of policing, to include:

- Criminal Investigations
- Crime Lab
- Domestic Violence
- Medical Examiner
- DUI Awareness & Enforcement
- Drug Enforcement/Canine Exhibition
- Mental Health
- Active Shooter
- Search & Rescue
- DPS Ranger Rescue Helicopter
- Response to Resistance Policy Review
- Firearms Simulator & Live Fire
- Explosive Device & SWAT Demonstrations
- FPD Motor Squad Demonstration

**WHO:**  
Participation is open to all Flagstaff Residents. Participants must be over 18 years old or 16 with parental consent and must pass a basic background check.

**WHEN:**  
Citizens Police Academy runs for 14 weeks on Wednesday evenings from 6:00 pm until 9:00 pm. The next academy starts on September 4, 2024.

**WHERE:**  
Flagstaff Police Department  
911 E Sawmill Road, Flagstaff, AZ 86001 and various training locations

Flagstaff Police Department and Law Enforcement Partners hosts Citizens' Police Academies annually and is designed to give insight in to how/what/why the Department operates. You must register in advance by submitting an application and space is limited so please apply early.



**COMMUNITY MARKET**  
May - Oct 2024  
8:00AM-12:00PM  
City Hall 211 W Aspen Ave  
Sorry, No Dogs Allowed

13th Annual  
**HOPI ARTS & CULTURAL FESTIVAL**

REVISED DATE / TIME AND NEW LOCATION  
August 24, 2024, 10:00AM - 7:00PM  
at  
**FLAGSTAFF MALL**



Labor Day Weekend  
August 31 - September 2, 2024

**Saturday & Sunday**  
9:30 AM to 5 PM

**Monday**  
9:30 AM to 4:00 PM

**Wheeler Park**  
Flagstaff, AZ



If you would like to add events to the newsletter please contact us.

[Click here to contact us!](#)

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# Sustainable Living

## Fire Safety and Prevention

### Creating Defensible Space Around Your Property

Defensible space is a cleared area around your home to protect it from wildfires.

#### Zone 1: Immediate Zone (0-5 feet from structures)

- Remove flammable materials: Clear debris from roofs, gutters, and patios.
- Use fire-resistant materials: Use gravel or stones for landscaping.
- Maintain plants: Water and trim plants; avoid flammable ones like junipers.

#### Zone 2: Intermediate Zone (5-30 feet from structures)

- Create fire breaks: Use driveways, paths, and lawns.
- Space out plants: Keep trees and shrubs apart; trim lower branches.
- Remove dead materials: Clear fallen leaves and branches.

#### Zone 3: Extended Zone (30-100 feet from structures)

- Thin vegetation: Reduce bushes and trees.
- Maintain grass and ground cover: Keep grass short and remove dead plants.  
Fire-Resistant Landscaping
- Select Fire-Resistant Plants: Use moist, native, or succulent plants.
- Proper Plant Placement: Group plants in small, separated clusters; use gravel or stone paths.
- Use Fire-Resistant Mulch: Opt for gravel or rocks; avoid wood chips.
- Maintain Landscaping: Regularly prune and water plants.

#### Fire-Resistant Building Materials

- Roofing Materials: Use Class A rated fire-resistant materials like metal or tiles.
- Siding Materials: Opt for stucco, brick, or fiber-cement.
- Windows and Doors: Use dual-pane windows and fire-rated doors.
- Decks and Patios: Choose fire-resistant materials; enclose deck undersides.
- Vents and Openings: Screen vents with metal mesh and seal gaps.

These steps help protect your home from wildfires in Northern Arizona.

**Current Coconino  
County Fire Restrictions**  
[Click Here!](#)

**Stay Informed on  
New & Active Fires**  
[Click Here!](#)





# Natural Living

## Horehound

Horehound, a resilient herb found in northern Arizona, is known for its medicinal properties. It aids digestion, soothes coughs, and is used in herbal teas and candies. Its bitter leaves are also a natural insect repellent.

In the Valle area, horehound is best harvested in late spring to early summer, just before it flowers. To pick, cut the top third of the plant, including leaves and flowers, in the morning when the essential oils are most potent.



[Click here for the full article](#)

## Recipe of the Month

[Click here to share your favorite recipe.](#)



### Simple Natural Sunscreen

Living in Northern Arizona, where the sun can be especially intense and the UV index often reaches high risk levels, protecting your skin from harmful UV rays is crucial. In fact, as of July 1, 2024, the highest UV Index reading in Arizona was expected to be 12.91, which is considered extreme.

While many of us Valle residents turn to sunscreens for protection, concerns about the potential health and environmental impacts of certain ingredients in commercial sunscreens have led to a growing interest in natural alternatives.

This Simple Natural Sunscreen recipe uses a combination of natural oils, essential oils, and non-nano zinc oxide (available on sites like Amazon and others) to provide sun protection.

\*This sunscreen is not waterproof and will need to be reapplied after sweating or swimming.

\*Make sure to test a small amount of the sunscreen on your forearm before applying to larger areas to make sure you don't have an allergic reaction.

\*Please note that while this recipe uses natural ingredients, it has not been scientifically tested for its sun protection factor (SPF) and should not be relied on solely for sun protection

### Ingredients

- 1/4 cup Coconut oil
- 1/4 cup Shea butter
- 1/8 cup Jojoba or sunflower oil
- 2 tbsp Beeswax granules
- 1-2 tbsp Non-nano, uncoated zinc oxide (available on sites like Amazon)
- 1 tsp Red raspberry seed oil (optional)
- 1 tsp Carrot seed oil (optional)
- Essential oils of your choice (optional)

### Directions

1. Combine all ingredients, except zinc oxide and essential oils, in a double boiler, or a glass bowl over a smaller pot with 1 inch of water.
2. Bring water to a boil, stir ingredients constantly until they are melted and smooth.
3. Remove from heat, add zinc oxide, stir well. Allow to cool slightly and add essential oils.
4. Pour into a jar or tin for storage.

[Click here for article](#)

[Click for Article](#)

WHAT'S HAPPENING IN

# Coconino County

## **Unofficial Primary Election Results**

Unofficial results for the July 30, 2024, Arizona Primary Elections in Coconino County have been posted. For detailed information on the outcomes and specifics of the election, please click [here](https://www.coconino.az.gov/CivicAlerts.aspx?AID=3114) to view the full results.

<https://www.coconino.az.gov/CivicAlerts.aspx?AID=3114>



# Voice of Valle

## Hi Everybody-

-The Fire: I wanted to thank everybody for assisting, with calling this in, pointing to the best access, etc..I appreciate Kenneth trying to squash what fire he could with hand tools. As bad as this was, we're grateful that nobody was seriously injured and there were no pet losses (we are always thinking of these things 1st as we respond). We're very sorry to see the structure lost, but we're grateful that winds weren't too bad (we were worried about surrounding property too). We're so happy that it didn't reach other structures, especially the ones to the north.

-Here's TFD's number one concern about all emergency responses: TIME. whether it's a cardiac event or a fire, we will always be delayed by the drive-time on the highway, slower speeds on the roads, finding an address, and then the best way to the house. Every minute that goes by, heart tissue dies, stroke treatment options become more limited, or fires (inside/outside) spread and double, triple, etc..Also, speaking of time, we often have a limited crew (last night there were two of us) and we have to keep our home District in mind. Our very supportive community does need us to cover things here, which everybody can understand, so we have to be as efficient as possible timewise when responding to Valle calls. If there was a first responder party in Valle, they could asses a patient, or start attacking a fire until we, High Country, Guardian, and Lifeline respond.

-A Valle fire and medical first responder entity: As residents of Valle, you actually have some viable options [Fire District, volunteer department, etc..] It doesn't have to be a money pit. The "Fire District" option is not favored by some people because it would be a small [in my opinion] increase for property taxes, I know not everybody agrees. I also know that's entirely dependent on property valuation! We appreciate that Valle set up their own fire department previously, and we salute the hard work there. I know the challenges, staffing, peoples' availability, etc.. BUT...any coverage or possibility of a rapid response would help the situation immensely. From online information, Valle has a population higher than Tusayan (roughly 800 vs. 560, depending on your source). There's a lot that could be done!

-Training: We provide (almost free) firefighter training for residents (including Valle) here already. TFD would be glad to train a limited number of Valle residents to help this process along.

-Billing: We actually do -not- like billing, but we have to. We would strongly support some type of Valle first responder team; we're not responding to Valle for the money, I promise! We respond because there's nobody else who can (besides the great team at High Country Fire and Rescue). We care fire and foremost about your safety and your property preservation. However, we do have expenses on fires like this.

-House numbering: We've had numerous calls where we were delayed because we could not locate a residence after a 911 call. We use standalone GPS, Google Earth, phone GPS, phone calls, computer based dispatching, etc. on our way to every call, however (as everybody here knows), things don't always line up with online/GPS information. So we're really hoping Valle residents could post their house numbers clearly, please. Seconds count on these calls, and we can't call a patient to ask where their house is usually. There's been numerous calls where I tried to call a reporting party for directions when I'm on scene, and I've had cellphone reception problems.

-Continuing support for Valle: If a first responder team was formed and there was a large event like yesterday, we would probably always respond (if you want us).

-Here forward: All of the things we're discussing have some fairly simple solutions. **Chief Robert Trotter** and I have offered to do a community meeting to get into the finer details on how to accomplish your goals. We really want to help! I promise you that we really really want a Valle based fire team. I know there's a hundred questions you probably have, but I am trying to keep this short. We could really get into the details on all of this if we were to do some type of community gathering or meeting. TFD and High Country Fire & Rescue do want to help Valle be as safe as we possibly can!!

**PLEASE share** this message with anybody in Valle that would be interested!!

Thanks again,  
Greg Brush  
Tusayan Fire District

DONATE



**Thank you to all the businesses and individuals who support the alliance!**

~If you wish to collaborate with CCA~ Please email us

**[info@canyoncommunityalliance.org](mailto:info@canyoncommunityalliance.org)**

**Pink Jeep Tours  
Grand Canyon Towing  
Dan Duke Body Piercer  
Steady Harvest  
Flagstaff Foodlink  
Valle Mini Storage  
Collins Investment LLC  
Miranda Baldosky Realtor  
Wise Choice Alternatives  
Valle Hardware  
Flagstaff Foodlink  
S&J Mobile Cafe  
Central Creative  
Valle Dirt Works LLC  
Raptor Ranch  
Grand Canyon Inn  
Clear Sky Resorts  
Outdoor News AZ**

**Thank you to ALL the volunteers! We appreciate you. The events and programs would not be possible without you.**

***WE ARE EMPOWERING COMMUNITIES THROUGH RECIPROCITY, GENEROSITY AND PHILANTHROPY. WE ARE MAKING A DIFFERENCE TOGETHER!***

**DONATE** | 

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